

# SESSION 4

## SMALL GROUP GUIDE

MISSION:  
**DEEP SEA**

### THE BIG IDEA

My faith grows deeper when I share my story.

### THE BIBLE

**Jonah Goes to Nineveh:**  
Jonah 1-3

## SMALL GROUP TIME

Wait for cues from your VBS leader throughout the day about when you will be breaking off into small groups for the activities listed below. We suggest you have a designated area where you can keep your group's crafts and other personal items so that they can collect them all at once when it's time to leave.

#### ACTIVITY | Spitting Jonah

- **INSTRUCTIONS:** Show kids how to create their own fish, using the origami instructions provided. Then, they can make the fish "spit" out pom-pom Jonah!

#### THE BIG IDEA | My faith grows deeper when I share my story.

- **INSTRUCTIONS:** Use the fishing poles to fish out the words for today's Big Idea. Each fish will have one word from today's Big Idea written on it. Have your group work together to put it in order.

#### DISCUSSION

- **What did God ask Jonah to do?** To go to Nineveh and share God's message.
- **Why didn't Jonah want to do this? What did he do instead?** He did not like the people and thought they wouldn't listen to him. So, he boarded a boat and decided not to go.
- **What happened after Jonah got spit out by the big fish?** He delivered God's message to Nineveh and the people prayed to God.
- **Read Jonah 1:17-2:1. If you were in a dark and lonely place like Jonah was, what would you do?**
- **Is there someone you think God is asking you to share your story with? Someone you think wouldn't listen?**
- **Who is someone that shared their story about God with you?**
- **How can sharing our story deepen our own faith?**

**RESPONSE | Sharing Your Story**

- **INSTRUCTIONS:** Tell the kids to think of someone who they need to share their story with (e.g., friend, a family member, teammate, neighbor, etc.). Once they have a name in mind, they will take a pre-cut fish and write the name of that person on the fish. Then, they will use a clothespin to pin their fish up on the net in your main meeting area.

**ACTIVITY | S.E.A. Agent Certificate**

- **INSTRUCTIONS:** Have kids fill out the certificate that graduates them from being a S.E.A. Agent-in-Training to a “fully certified” S.E.A. agent!

**MEMORY VERSE | Ephesians 3:18**

- **INSTRUCTIONS:** Groups will practice the memory verse by singing it to the tune of “Baby Shark.”  
**Grasp how wide (doo doo doo doo doo)**  
**and long (doo doo doo doo doo)**  
**and high (doo doo doo doo doo)**  
**and deep (doo doo doo doo doo)**  
**is the love of Christ!**

**ACTIVITY | DIY Aquarium Craft**

- **INSTRUCTIONS:** The kids will insert the objects provided into the mason jar. Fill with water, five to six drops of blue food coloring, and glitter. Attach the labels to the lid of their plastic mason jars.

**MEMORY VERSE FOR MISSION: DEEP SEA: Ephesians 3:18 (NIV)**

*“Grasp how wide and long and high and deep is the love of Christ.”*

Looking for sign language? Go to [growcurriculum.org/Ephesians3-18](http://growcurriculum.org/Ephesians3-18) and get memorizing!